

Element	p^+ Atomic Number	e^-	n^0	Mass Number
Fluorine				
Nitrogen				
Calcium				
Zinc				
Aluminum				
$^{58}_{26}\text{Fe}$				
$^{38}_{18}\text{Ar}$				

Element	p^+	e^-	n^0	Mass Number
$^{40}_{19}\text{K}$				
$^{204}_{82}\text{Pb}$				
$^{197}_{79}\text{Au}$				
$^{24}_{11}\text{Na}$				
		3		7
	14			
	80			